

FRESUBIN® 2KCAL FIBRE DRINK

DESCRIPTION

A flavoured liquid consisting of protein (milk), vegetable oils (rapeseed oil, sunflower oil), carbohydrates (glucose syrup and sucrose), fibre (inulin and wheat dextrin*), vitamins, minerals and trace elements.

PRESENTATION

Fresubin® 2kcal Fibre is a nutritionally complete, high calorie (2.0 kcal/ml), high protein (20% energy) oral nutritional supplement, with fibre. High in vitamin D.

(Fresubin® 2kcal Fibre is ready to use and presented in a 200ml EasyBottle. It is available in a choice of six flavours: chocolate, vanilla, cappuccino**, lemon, apricot-peach and neutral. Suitable as a sole source of nutrition.

**Cappuccino flavour contains trace of caffeine (0.65mg/100ml).

*chocolate flavour (inulin and cocoa powder). Lactose and gluten free.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OLD

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

ENSURE ADEQUATE FLUID INTAKE

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy and protein needs or fluid restrictions.

Fresubin® 2kcal Fibre is a Food for Special Medical Purposes.

Fresubin® 2kcal Fibre is prescribable on FPIO/GPIO for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula plus CAPD and haemodialysis.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements. Recommendation for supplementary nutrition 1-2 bottles (400-800kcal)/ day or complete nutrition 4-5 bottles (1600-2000 kcal)/day.

STORAGE

Store in a cool place, do not store above 25°C. Once opened, can be stored for up to 24 hours in a refrigerator. Shake well before use. Drink slowly.

PACK SIZE

24 x 200ml bottles.

SHELF LIFE

15 months from date of manufacture.

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ENERGY DISTRIBUTION

Protein 20% Fat 35% Carbohydrate 43.5% Fibre 1.5%

ORDER CODE

Chocolate: 7519601 Lemon: 7527601
Vanilla: 7529601 Apricot-Peach: 7533601
Cappuccino: 7524601 Neutral: 7534601

INGREDIENTS

CHOCOLATE FLAVOUR

Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), fat reduced cocoa powder, maltodextrin, potassium citrate, flavouring, emulsifiers (soya lecithin, E471), sodium chloride, sodium carbonate, vit. C, stabilisers (E460, E466, E407), potassium carbonate, iron pyrophosphate, magnesium oxide, niacin, zinc sulphate, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₆, vit. B₁₂, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

VANILLA FLAVOUR

Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, flavourings, wheat dextrin, potassium citrate, emulsifiers (soya lecithin, E471), sodium chloride, potassium carbonate, acidity regulator (E507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₆, vit. B₁₂, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

CAPPUCCINO FLAVOUR

Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), flavourings, maltodextrin, wheat dextrin, potassium citrate, emulsifiers (soya lecithin, E471), sodium chloride, potassium carbonate, acidity regulator (E507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₆, vit. B₁₂, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

LEMON FLAVOUR

Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, wheat dextrin, potassium citrate, flavourings, emulsifiers (soya lecithin, E471), sodium chloride, potassium carbonate, acidity regulator (E507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₆, vit. B₁₂, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

APRICOT-PEACH FLAVOUR

Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, flavourings, wheat dextrin, potassium citrate, emulsifiers (soya lecithin, E471), potassium carbonate, sodium chloride, acidity regulator (E507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₆, vit. B₁₂, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

NEUTRAL FLAVOUR

Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), inulin (from chicory), maltodextrin, wheat dextrin, potassium citrate, emulsifiers (soya lecithin, E471), potassium carbonate, acidity regulator (E507), sodium chloride, sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₆, vit. B₁₂, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

Date of Preparation:
March 2025

GB-FreONS-2500047

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	200 (840)	400 (1680)
PROTEIN g	10	20
CARBOHYDRATE g	21.7 ¹ - 21.8	43.4 ¹ - 43.6
Of which sugars g	3.3 - 5.9*	6.6 - 11.8*
Of which lactose g	≤0.3	≤0.6
FAT g	7.8	15.6
Of which saturated fatty acids g	0.6/0.7 ¹	1.2/1.4 ¹
Of which polyunsaturated fatty acids g	1.4	2.8
Of which monounsaturated fatty acids g	5.8	11.6
FIBRE g	1.5/1.6 ¹	3/3.2 ¹
SALT g (Na x 2.5)	0.15	0.3
WATER ml	68/70 ¹	136/140 ¹
OSMOLARITY mosmol/l	505-650*	
OSMOLALITY mosmol/kg H ₂ O	750-950*	

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	60 (2.6)	120 (5.2)
POTASSIUM mg (mmol)	160 (4.1)	320 (8.2)
CHLORIDE mg (mmol)	60 (1.7 ¹)/ 80 (2.3)	120 (3.4 ¹)/ 160 (4.6)
CALCIUM mg (mmol)	205 (5.1)	410 (10.2)
PHOSPHORUS mg (mmol)	120 (3.9)	240 (7.8)
MAGNESIUM mg (mmol)	16 (0.7)	32 (1.4)
IRON mg	2.5	5
ZINC mg	1.6	3.2
COPPER µg	375	750
MANGANESE mg	0.5	1
IODINE µg	37.5	75
CHROMIUM µg	12.5	25
MOLYBDENUM µg	18.8	37.6
FLUORIDE mg	0.25	0.5
SELENIUM µg	13.5	27

VITAMINS	Per 100ml	Per 200ml
VITAMIN A µgRE	212.5	425
of which β- carotene µg RE	62.5	125
VITAMIN D ₃ µg	5	10
VITAMIN E mgαTE	3.75	7.5
VITAMIN K ₁ µg	21	42
VITAMIN B ₁ mg	0.3	0.6
VITAMIN B ₂ mg	0.4	0.8
NIACIN mg	3.75(5.58mg NE)	7.5(11.16 mg NE)
VITAMIN B ₆ mg	0.43	0.86
VITAMIN B ₁₂ µg	0.75	1.5
PANTOTHENIC ACID mg	1.5	3
BIOTIN µg	9.4	18.8
FOLIC ACID µg	62.5	125
VITAMIN C mg	18.8	37.6

TYPICAL FATTY ACID PROFILE	g per 100ml	
	Choc	L, V, Cap, N
C14:0 Myristic acid	-	≤0.01
C16:0 Palmitic acid	0.36	0.34
C18:0 Stearic acid	0.25	0.22
C18:1w9 Oleic acid g	5.5	5.53
C18:2w6 Linoleic acid g	1.09	1.11
C18:3w3 α-Linolenic acid g	0.26	0.27

TYPICAL AMINO ACID PROFILE	g per 100ml	
ESSENTIAL		
Histidine	0.99	1.01
Isoleucine	0.56	0.57
Leucine	0.99	1.01
Lysine	0.83	0.84
Methionine	0.28	0.29
Phenylalanine	0.52	0.52
Threonine	0.46	0.46
Tryptophan	0.11	0.11
Valine	0.72	0.73
CONDITIONALLY ESSENTIAL		
Cysteine	0.05	0.05
Tyrosine	0.56	0.57
Taurine	-	-
Glycine	0.19	0.19
Arginine	0.37	0.37
Glutamine	0.91	0.94
Proline	1.01	1.03
NON-ESSENTIAL		
Aspartic acid and Asparagine	0.91	0.92
Glutamic acid	1.28	1.28
Alanine	0.33	0.33
Serine	0.61	0.62

TYPICAL CARBOHYDRATE PROFILE	g per 100ml					
	L	V	Choc	Cap	N	AP
Glucose	0.48	0.47	0.46	0.50	0.55	0.49
Fructose	0.06	0.06	0.04	0.06	0.06	0.06
Maltose	2.02	1.96	1.97	2.02	2.32	2.03
Saccharose	2.56	3.06	3.05	2.26	0.06	2.46
Lactose	≤0.3	≤0.3	≤0.3	≤0.3	≤0.3	≤0.03
Oligo-/polysaccharides	16.33	16.61	15.73	16.61	18.5	16.43
Starch	-	-	0.16	-	-	-

* Depending on flavour

¹ Chocolate

L - Lemon

V - Vanilla

Cap - Cappuccino

Choc - Chocolate

N - Neutral